

#### Facts

- Located in Tallinn, Estonia
- Education: Computer Science
- Organizer of Agile Saturday Tallinn conference
  - Previously also:
- \* Software Engineer
- \*Project Manager
- \*Scrum Master

- Languages:
  - English
  - Estonian 👝
  - French
  - Russian

## Julia Västrik

Agile Coach

## A quote reflecting my philosophy:

"The price of excellence is discipline. The cost of mediocrity is

disappointment."

William Arthur Ward

### Sports

- Running, strenght training, HIIT etc.
- Roller skating
- Winter sports

Drawing

Reading (a lot)

Hobbies - Professional communities

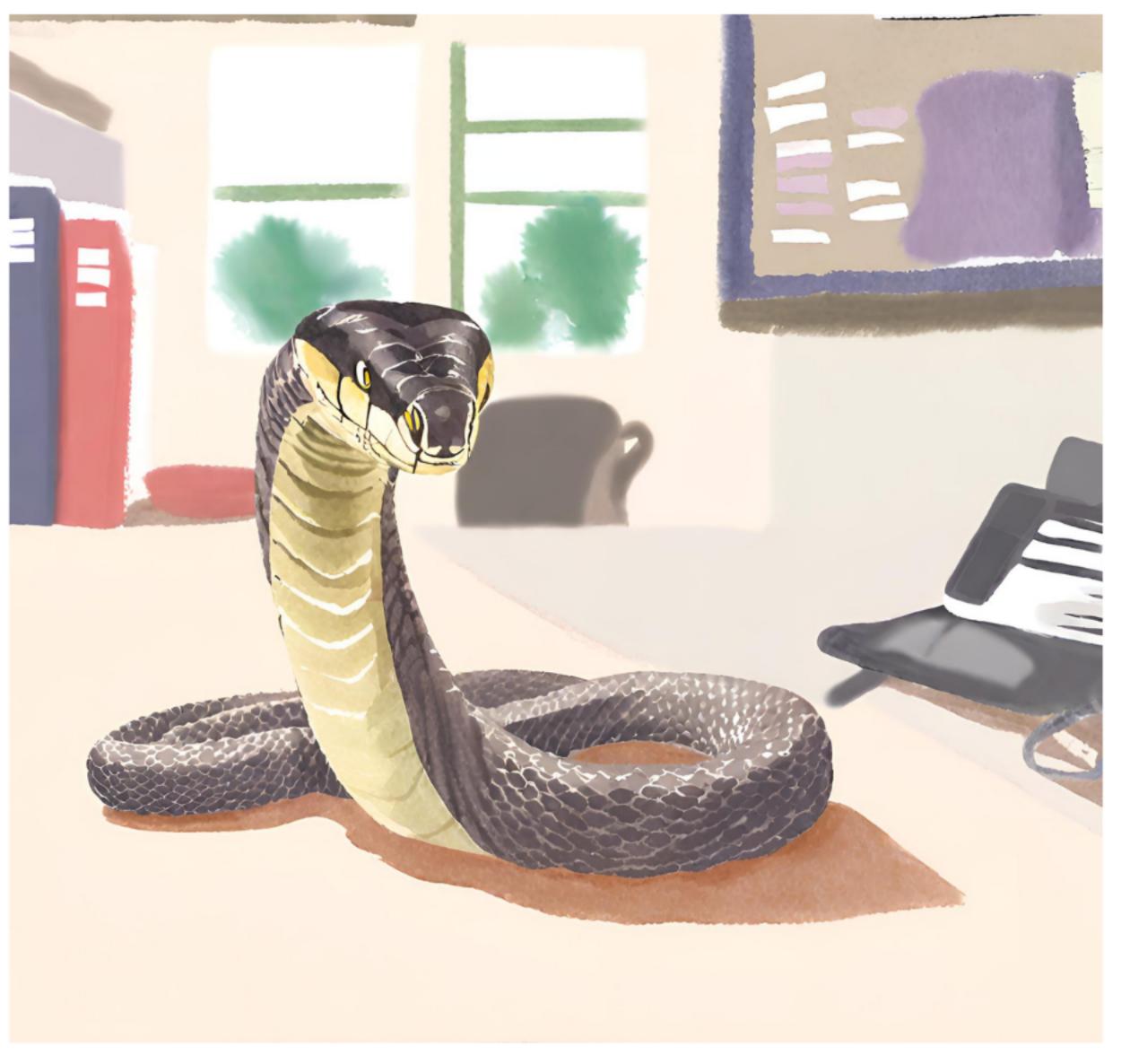
Healthy food cooking

Wine tasting

Or maybe this one?

"I don't have talent, so I just get up earlier." 

Henry Rollins



The Cobra Effect

FOR EVERY COMPLEX
PROBLEM THERE IS
AN ANSWER THAT IS
CLEAR, SIMPLE, AND
WRONG

- H.L. MENCKEN-

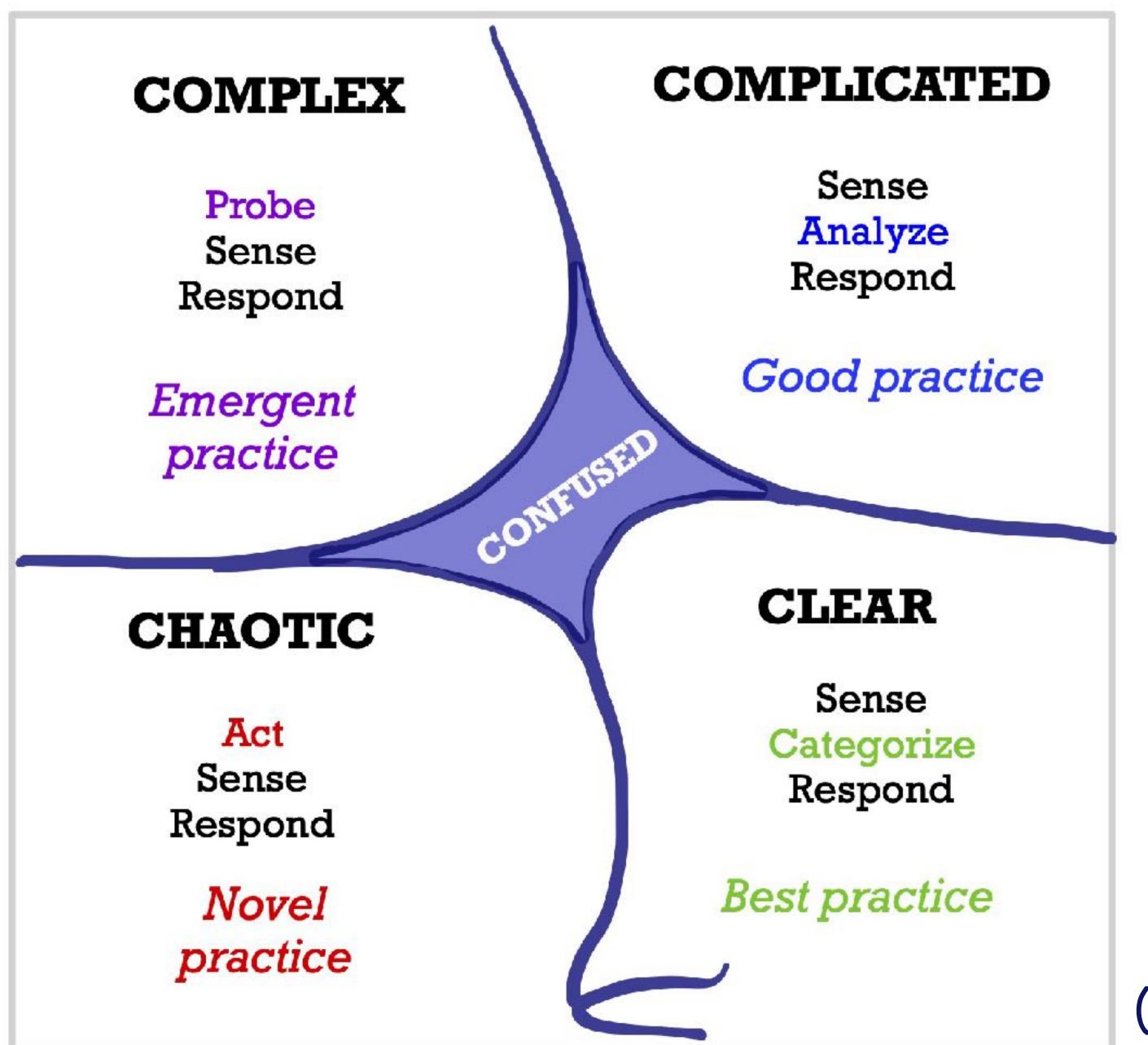
- 3 Steps to Delegate
- 5 Steps to Solve Conflicts
- 7 Steps for Giving Feedback
- 2 9 Steps to run 1-on-1 meetings
- 11 Steps to Build Effective Teams
- 13 Steps to Motivate Your Employees
- 15 Steps for Better Employee Performance
- 27 Indispensable Steps to Drain the Life Out of Your Team

#### CYNEFIN

Unknown Unknows

#### UNORDERED

Unpredictable



Known Unknows

#### ORDERED

Cause and Effect Are Predictable

Known

(by Dave Snowden)

# Agile

belongs

here

#### UNORDERED

Unpredictable

#### CYNEFIN

CONFUSED

#### COMPLEX

Probe Sense Respond

Emergent practice

#### COMPLICATED

Sense
Analyze
Respond

Good practice

#### CHAOTIC

Act Sense Respond

Novel practice

#### CLEAR

Sense

Categorize

Respond

Best practice

#### **ORDERED**

Cause and Effect Are Predictable

Agile belongs here

#### UNORDERED

Unpredictable

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CONFUSED

#### COMPLEX

Probe Sense Respond

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practice

Sense Analyze Respond

Good practice

Categorize

Respond

Effect Are Predictable

#### **CLEAR**

Sense

Best practice

# COMPLICATED

management

Traditional

Project

(aka Waterfall) belongs here

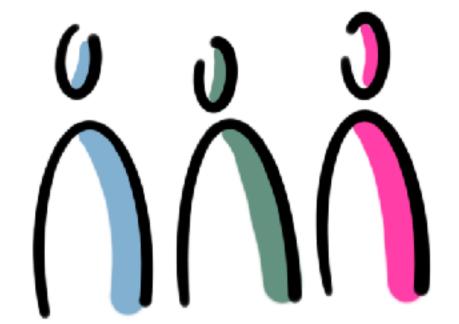
#### **ORDERED**

Cause and



Leadership Styles to fit a Complex World

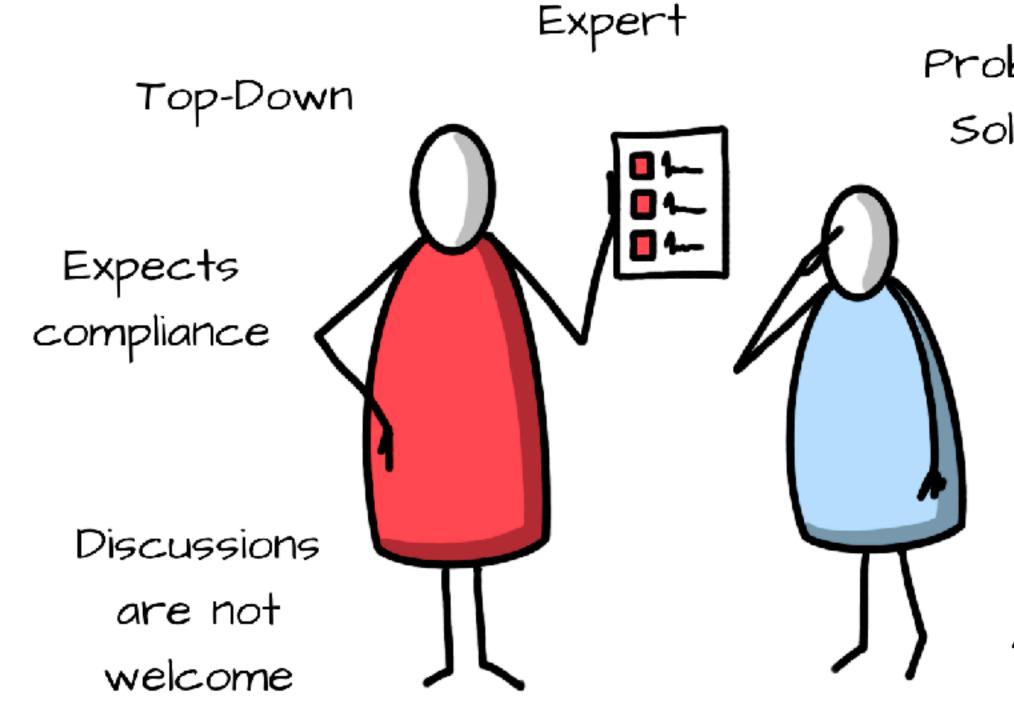
# DIRECTING LEADERSHIP STYLE



"PEOPLE ARE SOLDERS"

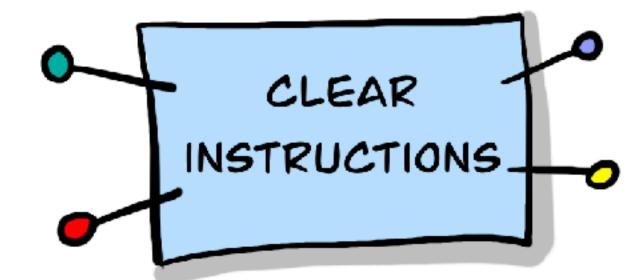


RESOLVES OBSTACLES ON THEIR OWN



Problem-

Solver



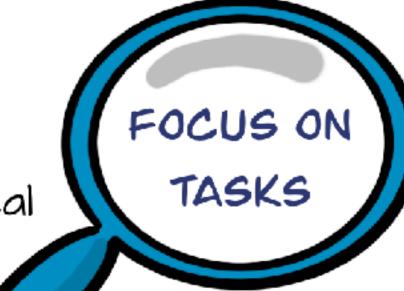
PROVIDES:

Fast decision-

making

Tactical

Always busy

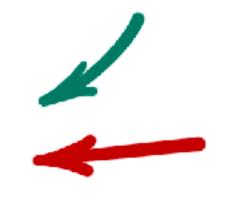




High control



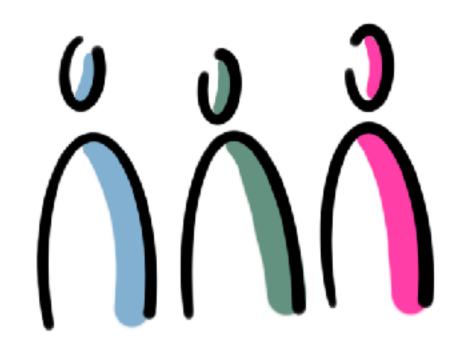
CLOSED TO FEEDBACK



## PACESETTING LEADERSHIP STYLE

ACCEPTS FEEDBACK IF IT

HELPS TO WIN



"PEOPLE ARE RACEHORSES"



EXPECTS QUICK RESOLUTION OF OBSTACLES

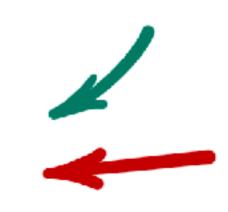


Competitive

Sets a personal example

Short-term

High pressure





PERFORMANCE

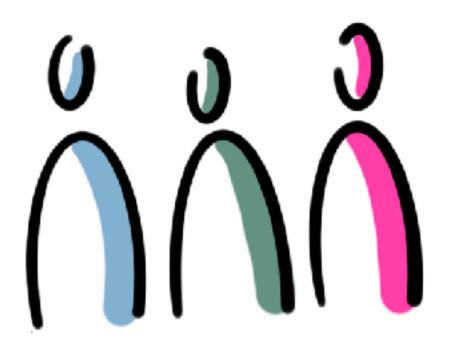
PROVIDES:

TARGETS

FOCUS ON

RESULTS

## COORDINATING LEADERSHIP STYLE



"PEOPLE ARE

GEARS"

Coordinates collaboration Defines

rules and procedures

Gate-Keeper

Protects team from the external world

Synchronizes efforts

Ensures that everyone knows their responsibilities

the Ensures that Knows

USES FEEDBACK TO INCREASE EFFICIENCY



STRUCTURE AND ORDER



TELLS
WHEN AND IN
WHAT ORDER
TO DO



Controls all the workflows

MOSTLY RESOLVES
OBSTACLES ALONE



# "PEOPLE ARE RESOURCES"

Please raise your hand if you you like being called a resource!

Raise your hand if you've heard people being called 'resources' at your workplace.

What could we say instead?

# If you mean 000000 say people (not resources)

# A WARNING FOR MANAGERS

If you call people "Resources"

be very careful -

they might call you "Overhead"

#### ENABLING LEADERSHIP STYLE



"PEOPLE ARE ASSETS"

ENSURES THAT THE
OBSTACLES ARE
REMOVED



Instills sense of shared responsibility



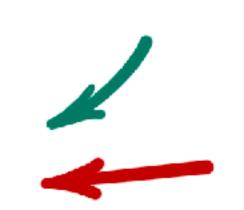
FOSTERS FEEDBACK CULTURE Encorages experimentation

Fosters

psychological safety

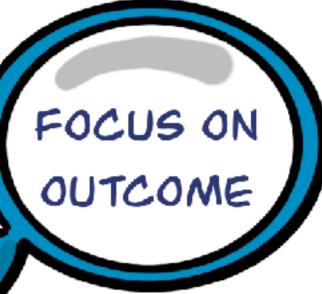
"It is ok to fail"

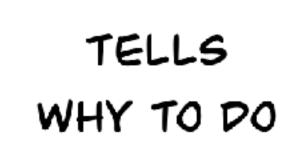
Creates conditions for the team to succeed



PROVIDES:

INTENT AND CONTEXT





### COACHING LEADERSHIP STYLE



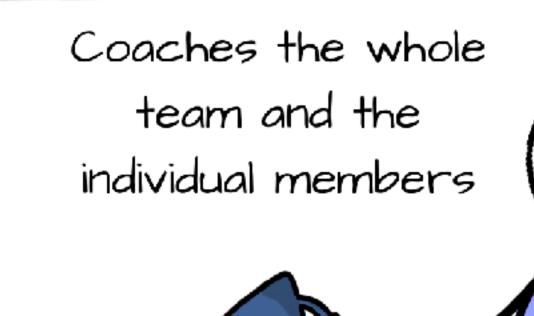
"PEOPLE ARE POTENTIAL"



"Failure is a learning

opportunity"

ENCOURAGES THE TEAM TO REMOVE OBSTACLES THEMSELVES



Lets the team fail

Listens

deeply

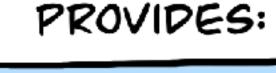
Supports team members with their growth

FEEDBACK AS A TOOL FOR GROWTH



Poses challenging and forwardthinking questions

Enables the team effectiveness through coaching

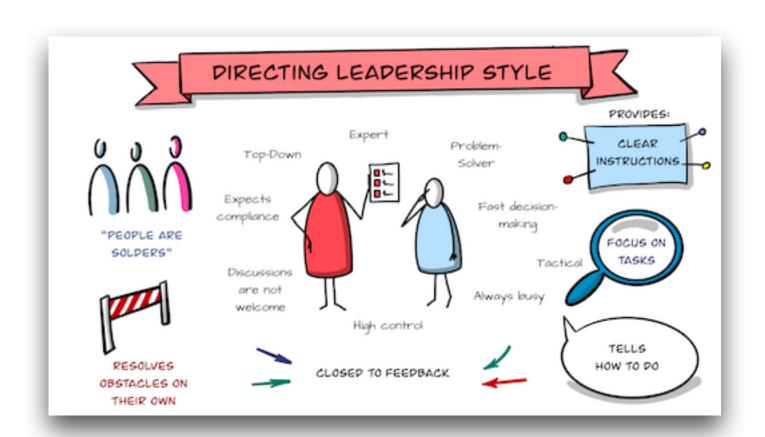


GUIDANCE

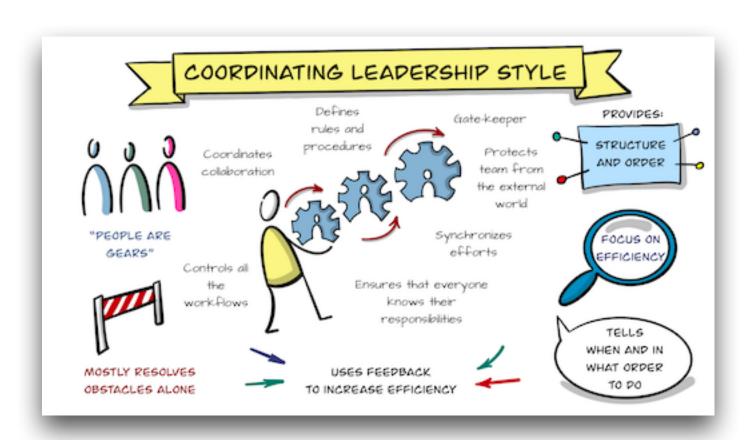




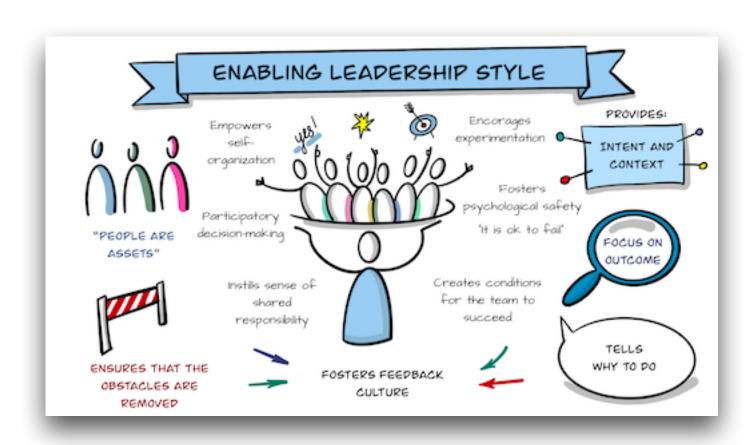
#### CATALYZING LEADERSHIP STYLE PROVIDES: Inspirational Encourages innovation COMPELLING High purpose VISION Transformative "PEOPLE ARE Challenges FOCUS ON SPARKS" the team Fosters cross-team IMPACT collaboration Boosts their success Energizes the team towards breakthrough Enables synergies results TELLS WHAT COULD BE REFRAMES INSPIRES FEEDBACK FOR OBSTACLES AS INNOVATION OPPORTUNITIES



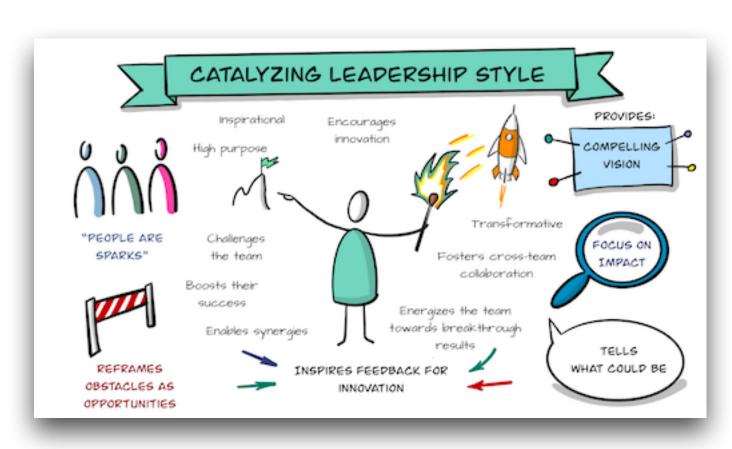




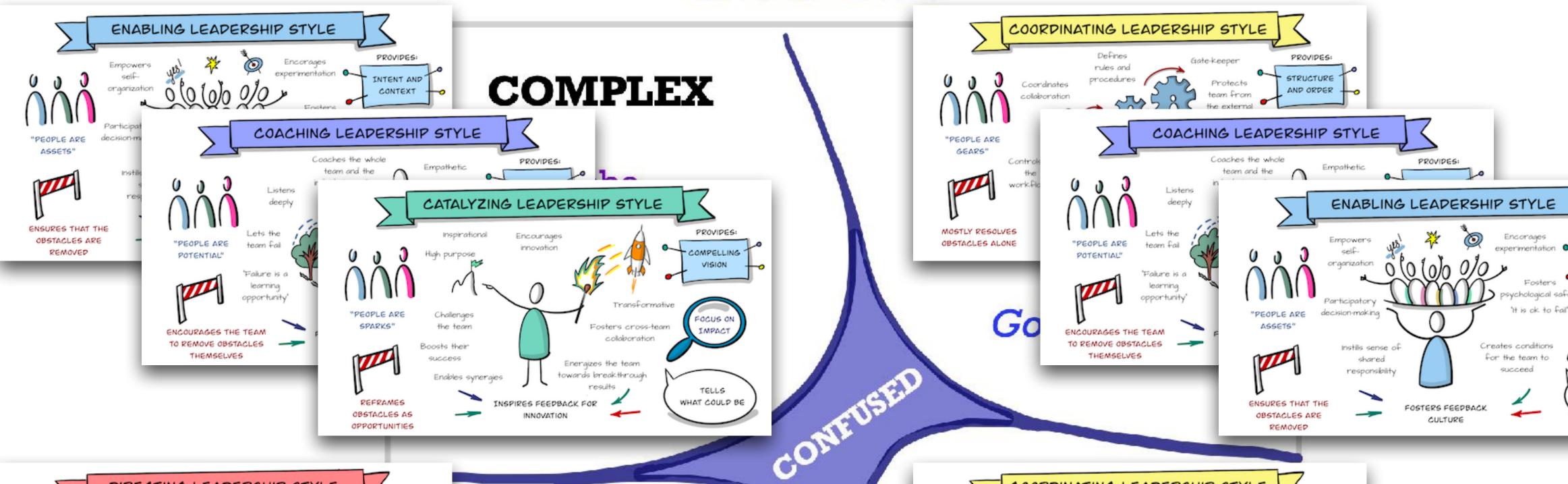
# What is the Best Leadership Style?

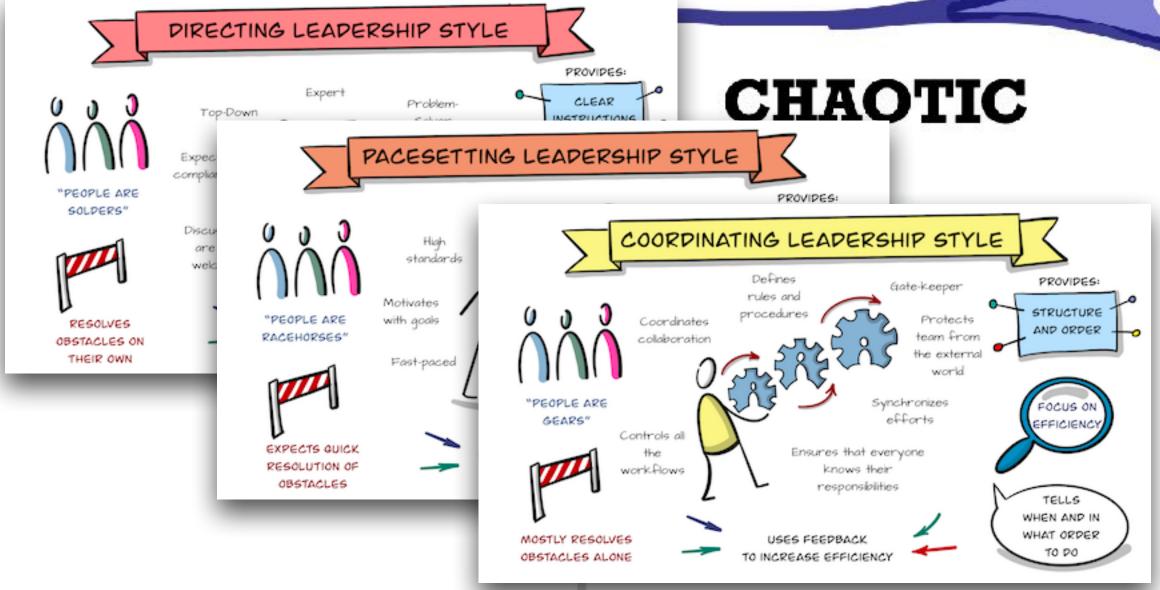


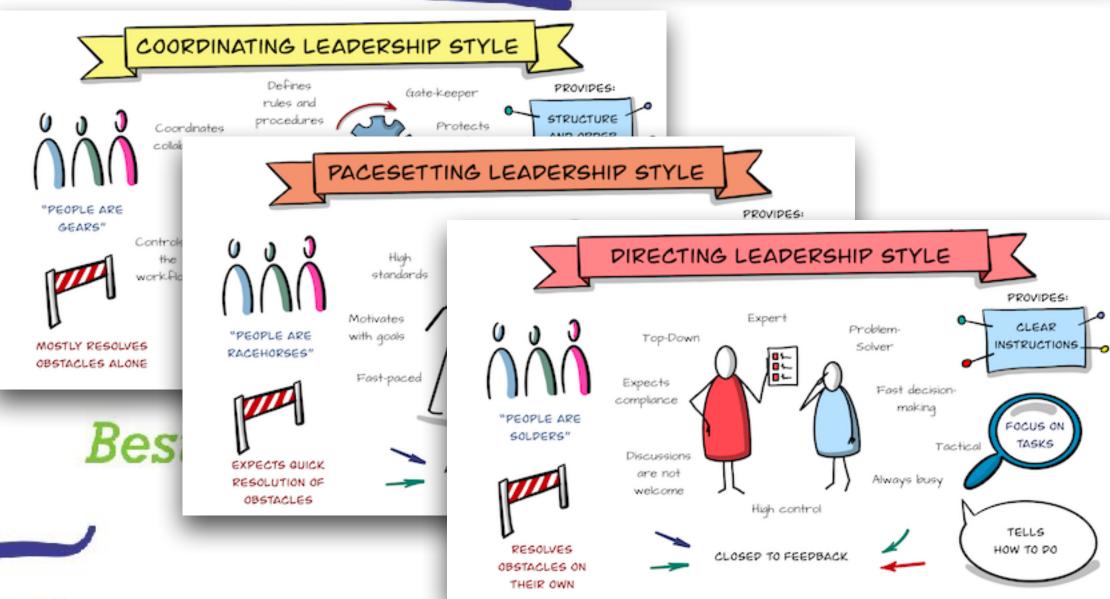




#### CYNEFIN







PROVIDES:

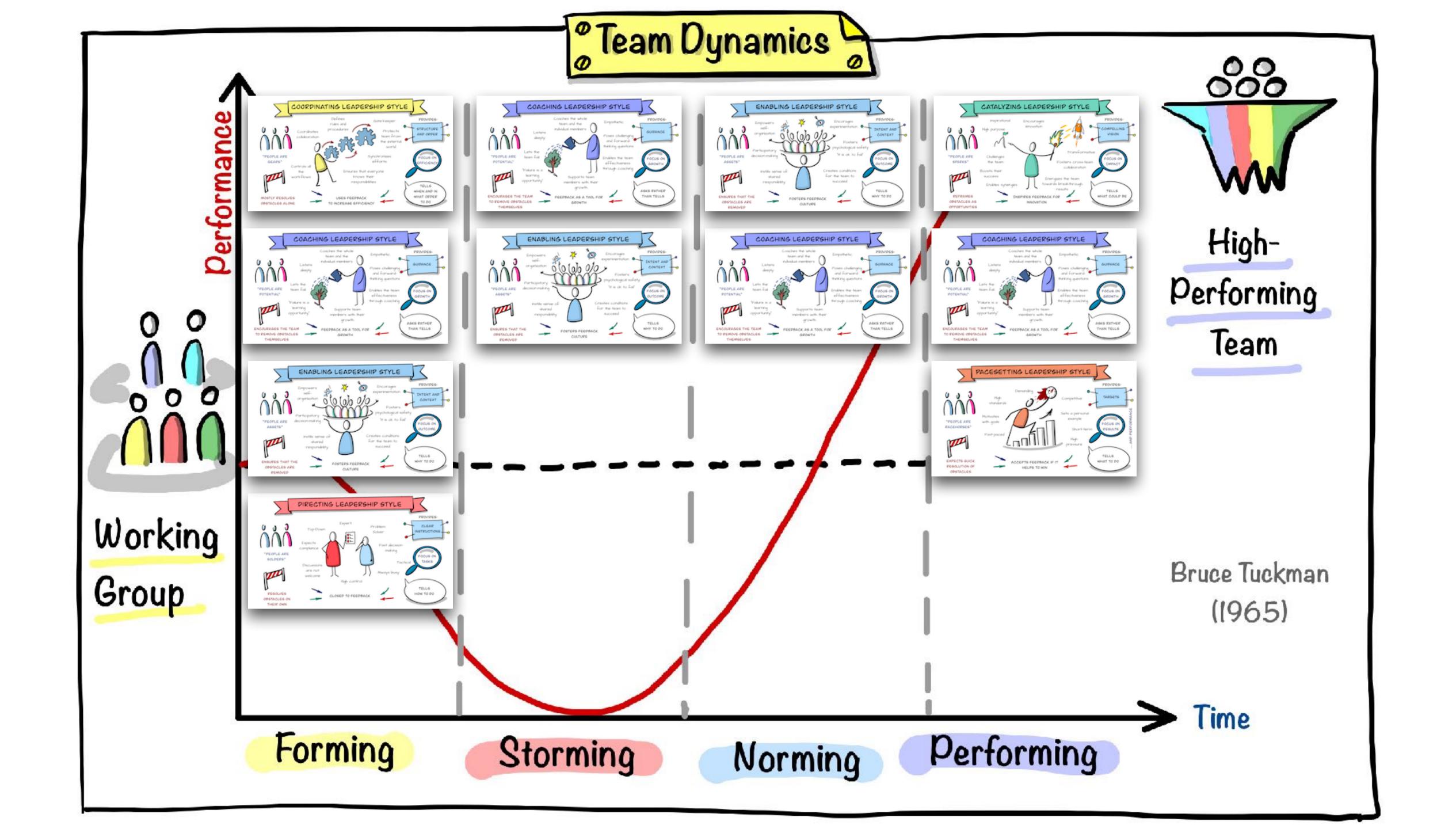
INTENT AND

CONTEXT

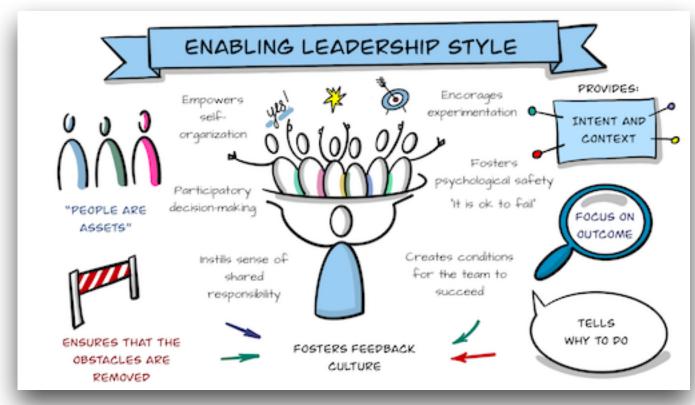
OUTCOME

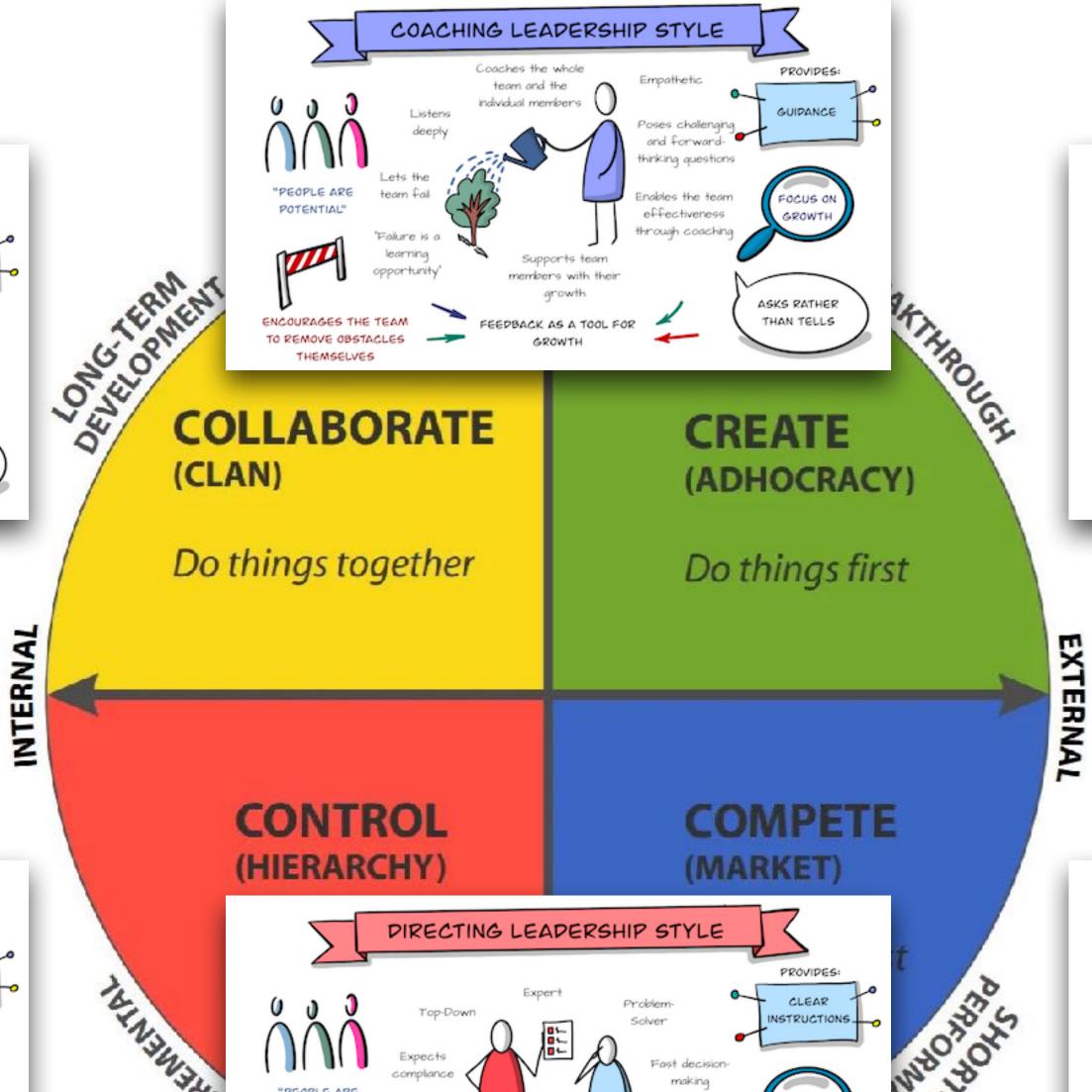
TELLS

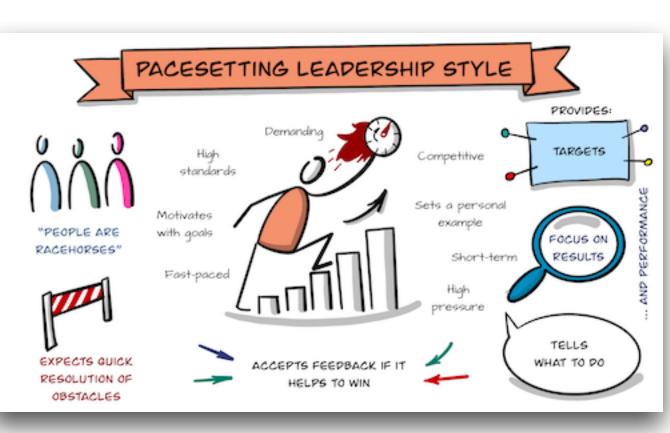
WHY TO DO



## The Culture







CATALYZING LEADERSHIP STYLE

INSPIRES FEEDBACK FOR

Challenges

the team

Enables synerajes

SPARKS"

REFRAMES

OBSTACLES AS

OPPORTUNITIES

PROVIDES:

COMPELLING '

TELLS

WHAT COULD BE

collaboration

Energizes the team

towards breakthrough

Permes rules and procedures Protects team from the external world

"PEOPLE ARE GEARS"

Controls all Ensures that everyone knows their responsibilities

MOSTLY RESOLVES

OBSTACLES ALONE

Defines

Frate-keeper

PROVIDES:

STRUCTURE AND ORDER

FOCUS ON EFFICIENCY

Ensures that everyone work flows

TELLS
WHEN AND IN WHAT ORDER

TO DO

TO DO

COORDINATING LEADERSHIP STYLE

Competing Values Framework

CLOSED TO FEEDBACK

TELLS

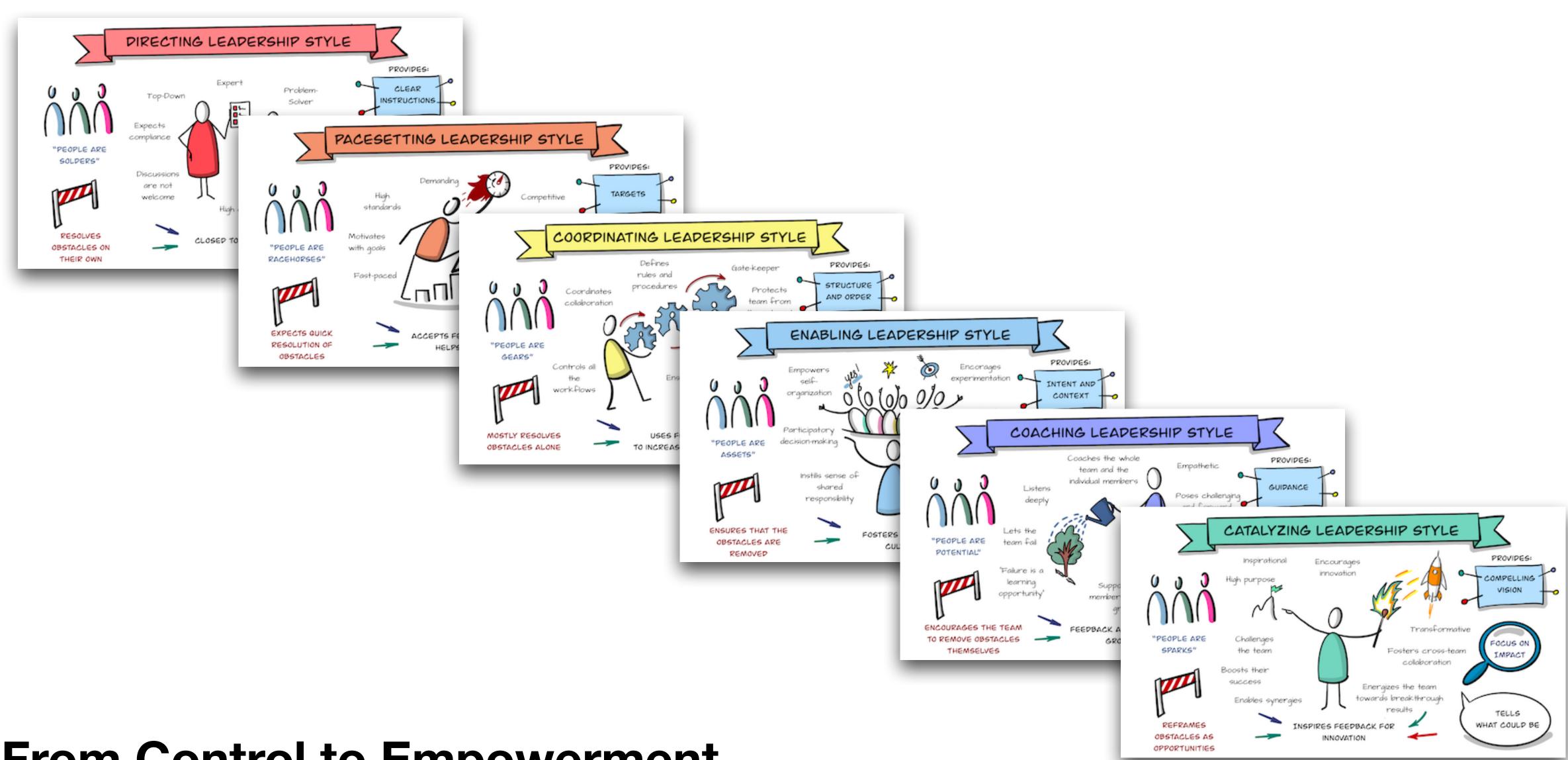
HOW TO DO

SOLPERS"

RESOLVES

OBSTACLES ON

# **Evolution of Leadership Styles**



From Control to Empowerment

Listen more than talk

Encourage risk taking

Express your opinion last

Delegate decision-making

Give candid feedback with kindness

Nurture psychological safety

Ask rather than tell

Provide guidance

Empower team autonomy

Challenge the team

# Your personality

Act as a role model

Combine behaviors from various styles to create your very own unique

approach

Focus on growth

Promote a culture of experimentation

Promote inclusiveness

Coach individual members

Provide compelling vision

Foster continuous improvement

Coach the team as a whole

#### Leadership Behaviors That Foster Innovation, Autonomy, and Resilience in Teams

Let the team fail

Nurture psychological s

Promote a culture of exp

Promote inclusiveness

Provide compelling vision

Provide the intent and o

Reframe obstacles as o

Support personal growt

Provide guidance

Seek feedback

Listen deeply

Act as a role model	Focus on growth, outcome and impact
Acknowledge when you don't know something	Foster continuous impr
Sameuring	Foster feedback outture

Admit your mistakes Give candid feedback w

Have faith in team mebe Coach individual members

Help the team to remov

Connect the team with the rest of the organization

Ask rather than tell

Coach the team as a whole

Listen more than talk Challenge the team

Cultivate innovation Manage the environmen people

Delegate responsibility

Empower team autonomy Pose forward-thinking q

Encourage risk taking

Encourage the team to take ownership in removing obstacles

Energize the team by telling what is

passible

Ensure that the team has everything

Express your opinion last

they need to succeed

Facilitate intra-team and cross-team collaboration

Facilitate participatory decision-making

#### Leadership Skills for Navigating a Complex World

Addressing Team Dysfunctions

Facilitating Disagreements and Conflicts

Active Listening Fostering Collaboration

Articulating a Compelling

Vision

Fostering Trust

Fostering Inclusiveness

Articulating Goals

Giving Feedback

Building Relationships

**Guiding Innovation Processes** 

Change Management

Inspiring and Motivating

Coaching Individuals Teams

Coaching Teams

Mastering Team Dynamics

Clear Communication

Mentoring Team Members

Creating a Sense of Belonging

Patience

Delegating Responsibility

Posing powerful questions

Emotional Intelligence

Receiving feedback well

Empathy

Strategic Thinking

Facilitating Participatory

Systems Thinking

Decision-Making

Visionary Thinking

#### Your personal development plan as a leader

- 1. Select up to 3 skills that you believe are essential for navigating leadership in a complex world and that you would like to become better at.
- On a scale from 1 to 10:
  - Asses your current state
  - b. Envision your desired state in 6 months
- Think how you can develop these skills

Your Leadership Skills Development Plan	Your current state, 110	Your desired state in 6 months, 110
Skill 1.		
How could you develop it	•	•
Skill 2.		
How could you develop it	I	I
Skill 3.		
How could you develop it		

4. Select up to 5 behaviours that you would like to practice during the upcoming 6 months Behaviour 1. \_\_\_\_\_ Behaviour 2. \_\_\_\_\_ Behaviour 3. \_\_\_\_\_

Behaviour 5. \_\_\_\_\_

- Share with your team
- 6. Exchange ideas on other ways you could develop the skills

#### Your Personal Leadership Style



#### Your Name

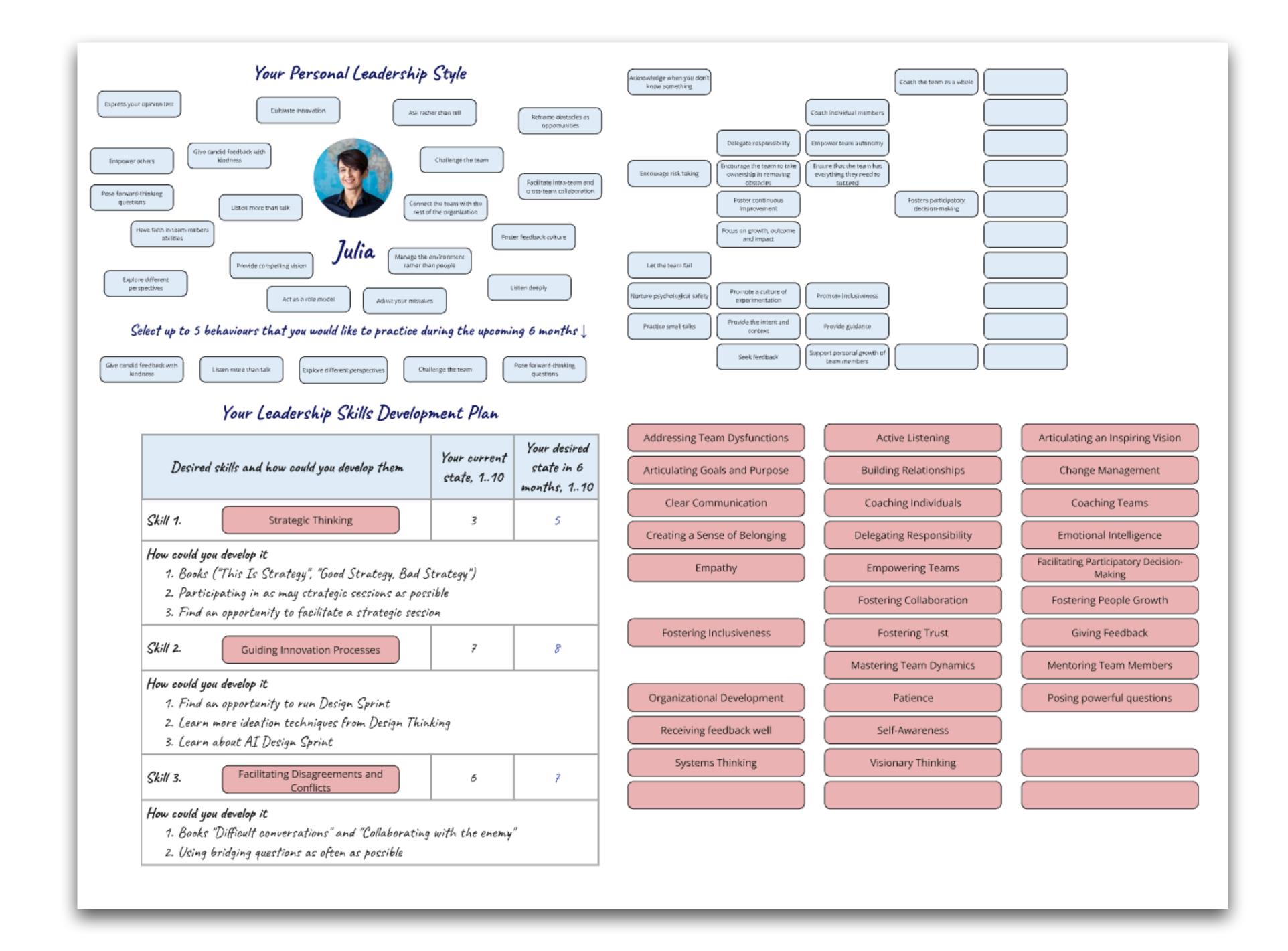
Select up to 5 behaviours that you would like to practice during the upcoming 6 months \

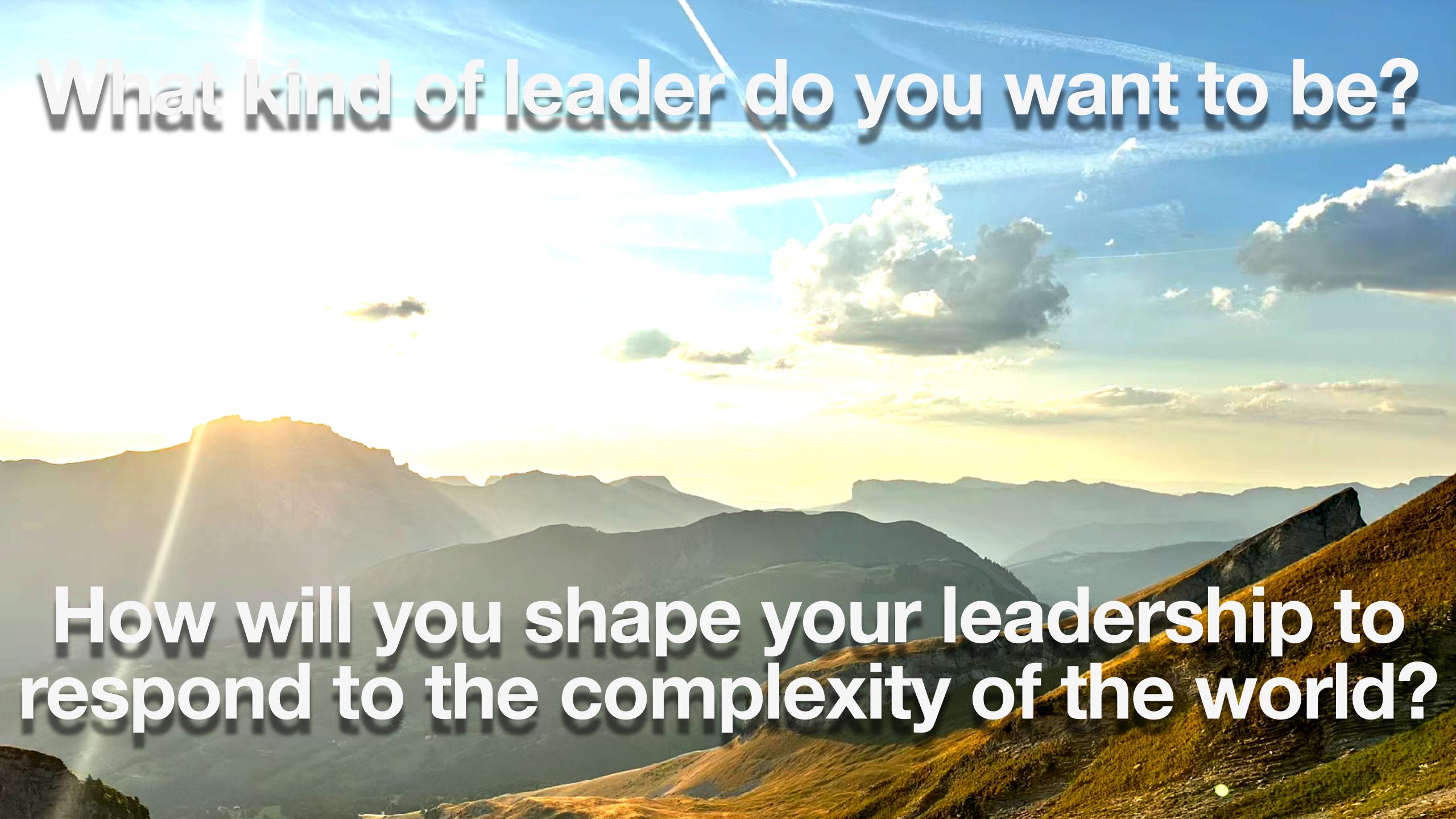
#### Your Leadership Skills Development Plan

Desired skills and how could you develop them	Your current state, 110	Your desired state in 6 months, 110
Skill 1.	***	
How could you develop it 		
Skill 2.	***	
How could you develop it		
Skill 3.		
How could you develop it 		

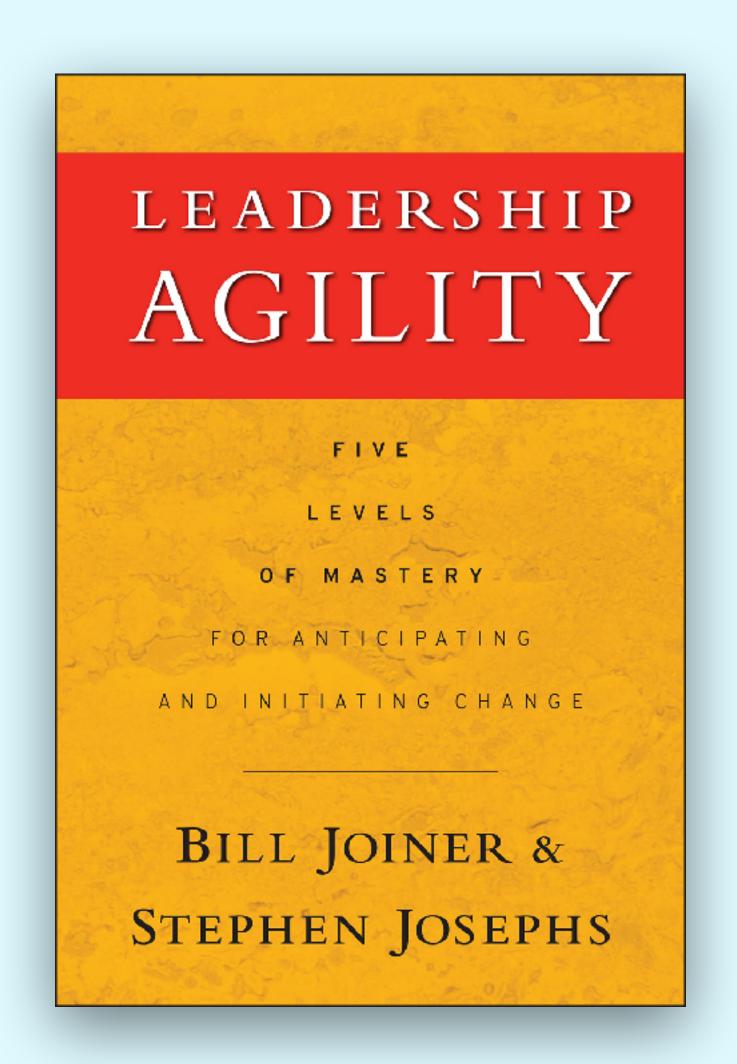
Acknowledge when you don't know something	Act as a role model	Admit your mistakes	Coach the learn as a whole	
Ask rather than tell	Challenge the warn	Coach inclvidual members.	Connect the team with the rest of the organization	
Cultivate innevation	Delegate responsibility	Empower tram autonomy	Empower others	
Encourage risk taking	Brooulage the team to take ownership in removing obstacles	Ensure that the learn has everything they need to succeed	Express your opinion last	
Feditate intro-team and cross-team collaboration	Foster continuous Improxement	Explore different per spectives	Fosters participatory decision-making	
Foster feedback culture	Focus on growth, outcome and impact	Give candid feethack with kindness	Have faith in team mebers abhities	
Let the tapm fail	Listen deeply	Listen more than talk	Manage the environment rather than people	
Nurture psychological safety	Promote a culture of experimentation	Promote inclusiveness	Pase forward chinking questions	
Practice small talks	Provide the intent and context	Provide guidance	Provide compelling vision	
Reframe obstacles as opportunities	Seek feedback	Support personal growth of team members		

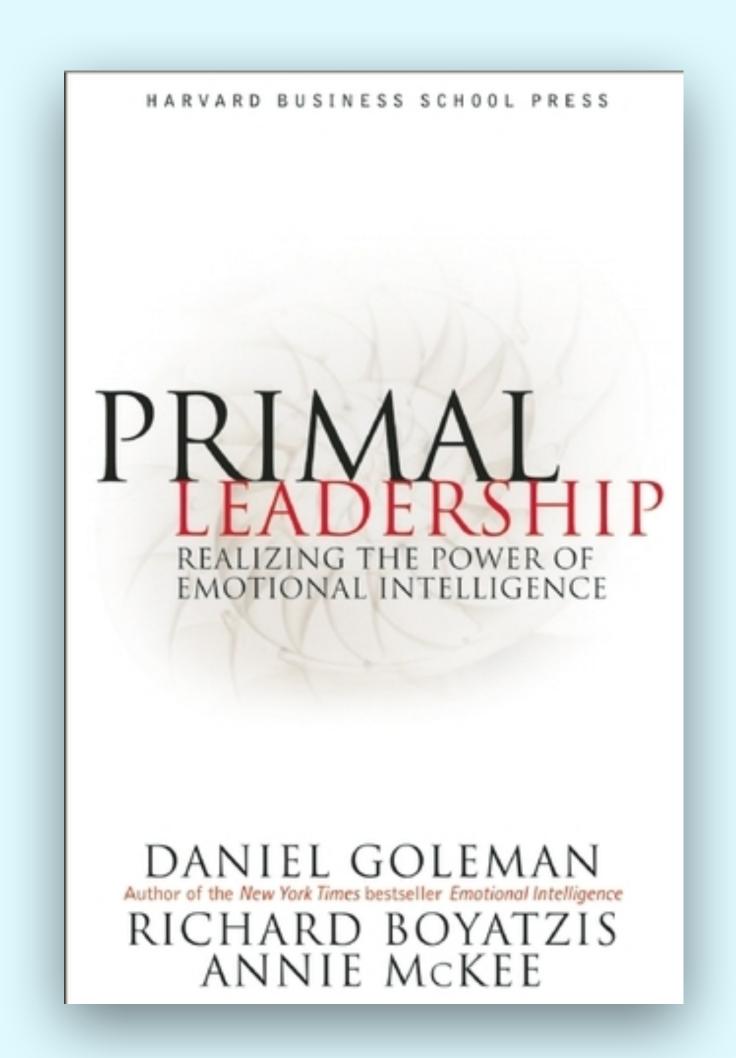
Addressing Team Dysfunctions	Active Listening	Articulating an Inspiring Vision
Articulating Goals and Purpose	Building Relationships	Change Management
Clear Communication	Coaching Individuals	Coaching Teams
Creating a Sense of Belonging	Delegating Responsibility	Emotional Intelligence
Empathy	Empowering Teams	Facilitating Participatory Decision- Making
Facilitating Disagreements and Conflicts	Fostering Collaboration	Fostering People Growth
Fostering Inclusiveness	Fostering Trust	Giving Feedback
Guiding Innovation Processes	Mastering Team Dynamics	Mentoring Team Members
Organizational Development	Patience	Posing powerful questions
Receiving feedback well	Self-Awareness	Strategic Thinking
Systems Thinking	Visionary Thinking	

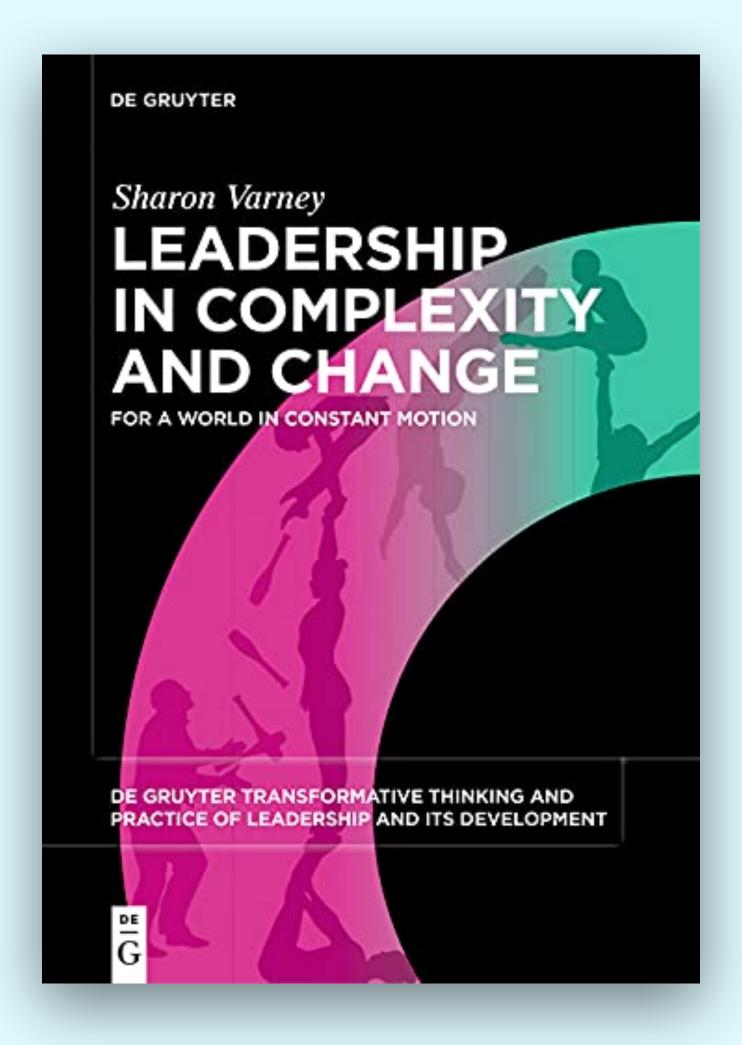




# Further Reading







# Additional materials:



JULIAVASTRIK.COM

# Connect with me on



